

PRE-PROCEDURE PREPARATION

-Please HOLD the following medications and supplements prior to your procedure:

Always obtain medical clearance from your **prescribing physician** before stopping blood thinner (anticoagulant) medications. Do not begin holding these medications without consent from your prescribing physician.

- Aspirin: (325 mg): Stop 7 Days before procedure
- NSAIDS Non Steroidal Anti Inflammatory Drugs (motrin, advil, ibuprofen, meloxicam): Stop 1 day before procedure
- Coumadin/Warfarin: Stop 5 Days before procedure
- Plavix: Stop 7 Days before procedure
- Xarelto: Stop 3 Days before procedure
- Pradaxa: Stop 4-6 Days before procedure
- Eliquis: Stop 3-5 Days before procedure
- Brilinta: Stop 5 Days before procedure
- Effient: Stop 7-10 Days before procedure
- **Over-the-counter supplements with anticoagulant properties:** Commonly found in fish oil supplements, Vitamin E, Ginkgo, Ginseng, Ginger

-Pre-Procedure Instructions for Office procedures:

- Take usual morning medications with a sip of water, unless instructed otherwise.
- Leave all valuables at home or with a responsible adult during your procedure.
- Please wear loose fitting clothing to allow access to the area to be treated.

-Pre-Procedure Instructions for Ambulatory Surgery Center procedures:

- You may be offered the services of a board-certified anesthesiologist and nurse anesthetist team.
- Do not eat or drink anything after midnight prior to your procedure.
- No smoking on the day of the procedure.
- Take usual morning medications with a sip of water, unless instructed otherwise.
- You must have a responsible adult to drive you home after the procedure.
- Leave all valuables at home or with a responsible adult during your procedure.

If you have any questions, please contact our office at 516-200-4814.

Thank you for trusting Maywell. You are in good hands.

